



Canteen Menu - Summer 2024/2025

To place your order, please write your child's name, year level and order on a paper bag with money enclosed, NOTING ANY FOOD ALLERGIES OR INTOLERANCES.

On-line ordering is available at flexischools.com.au



SNACKS

Fruit in Season	\$2.00
Carrot Sticks	\$1.00
Fruit Salad Cup	\$4.00
Veg. sticks & dip	\$4.00
Cheese & Crackers x 4	\$2.50
Vegemite & Cracker x 4	\$2.00
Choc Chip Muffin/Cookie	\$1.50
Gingerbread Man	\$2.00
Sea Salt Chips (GF)	\$2.00
Honey Soy Chips	\$2.00
Chocolate Truffle	.50¢
Vanilla Yogurt	\$2.00
Boiled Egg	\$1.50
Jelly Cup	\$1.00
Banana Bread	\$3.00

SANDWICHES/WRAPPS (GF Available)

Wrap —Lettuce, Carrot, Tomato & Cheese with Mayo	\$6.00
ADD - Chicken, Ham, Tuna, or Egg	\$1.50
Salad Sandwich	\$5.00
Ham/chicken & Salad Sandwich	\$6.00
Egg & Lettuce Sandwich	\$5.00
Chicken & Mayo Sandwich	\$5.00
Ham Sandwich	\$3.50
Ham & Cheese Sandwich	\$4.00
Cheese Sandwich	\$3.50
Vegemite Sandwich	\$3.00

SALAD BOX (GF)

Lettuce, carrot, celery, capsicum, tomatoes, cucumber, cheese & egg	\$6.00
ADD Chicken, Ham or Tuna	\$1.50

BENTO BOX PICK 5 ITEMS (GF) \$8.00

Cheese, dip, boiled egg, veg sticks, fruit, rice crackers, kabana, ham, cherry tomatoes, pretzels

DRINKS

Juice (Apple, Orange or Apple/Blackcurrant)	\$2.50
Water	\$2.00
Milk (Strawberry or Choc)	\$2.50
Milk (Plain)	\$2.00
Cup of cold Milo	\$3.00

FROZEN TREATS

Slush Puppie Drink	\$3.00
Icypole	\$1.00
Ice-cream cup	\$2.00
Frozen Fruit	50¢
Frozen Milk Moosies	\$2.00
Lemon sorbet cup	\$2.00

HOT FOOD

Cup of Noodles - Chicken	\$3.50
Cheese Toastie	\$4.00
Ham & Cheese Toastie	\$4.50
Chicken and Gravy Roll	\$5.00
Hash Brown (GF)	\$1.50
Hot Dog (add cheese 50c)	\$4.50
Steamed Dim Sim	\$1.50
Party Pie	\$2.00
Large Sausage Roll	\$4.50
Chicken Dino Snacks x 6	\$5.00
Chicken Breast Burger	\$6.00
Cheeseburger	\$6.00
Baked Potato with Cheese (GF)	\$5.00
Nachos cheese only (GF)	\$4.50
Nachos salsa and cheese (GF)	\$5.00
Homemade chicken and veg pie	\$5.00
Chicken Tender	\$2.00

GLUTEN FREE (CELIAC SAFE)

GF Chicken Nuggets x6	\$6.00
GF Meat Pie	\$6.00
HOMEMADE GF Lasagne	\$5.00
GF Chicken Noodles	\$4.00
GF Toasted Sandwich	\$4.50
GF Dim sims	\$2.00
GF Vanilla Muffin	\$2.00
GF Chocolate Brownie	\$2.50
GF Banna Bread	\$3.50